FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Check this box if no longer subject	STA
to Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(h)	

ATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address of Michael	Reporting Person* A							ker or Tr		Symbol		(5. Rela	k all app Direc		ng Per	rson(s) to Is 10% Ov	wner
(Last) (First) (Middle) C/O UNIFIRST CORP 68 JONSPIN ROAD						3. Date of Earliest Transaction (Month/Day/Year) 12/20/2022									belov E	pelow) President			
(Street) WILMIN (City)	NGTON M.	A 0		4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired	, Dis	posed of	, or B	enefic	ially	Own	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					on 2A. Deemed Execution Date,					4. Securities Disposed O 5)			or 5. Amount of Securities Beneficially Owned Foll Reported		ties cially I Following	Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)			Price	action(s)			(Instr. 4)
Common Stock 12/20/20					.022)22			F		89(1)	D	\$18	7.84	6,	186(2)		D	
Common Stock															810			I	By 401(K) Plan
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed tion Date, n/Day/Year)	4. Transa Code (8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Dei Sed (Ins	Price of erivative ecurity estr. 5)	9. Number o derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code V (A		(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares						

Explanation of Responses:

- 1. Represents shares of Common Stock withheld by UniFirst Corporation to satisfy certain tax withholding obligations in connection with the vesting of certain restricted stock units.
- 2. Consists of 247 restricted stock units that vest in one remaining annual installment on October 31, 2023, 388 restricted stock units that vest in two remaining equal annual installments on October 31, 2023 and October 31, 2024, 702 restricted stock units that vest in three remaining equal annual installments on October 31, 2025, and October 31, 2024 and October 31, 2025, 896 restricted stock units that vest in four remaining equal annual installments on October 31, 2024, October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2025, and October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, and October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, and October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2025, and October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2025, and October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2025, and October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2025, and October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2024, October 31, 2025, and October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2025, and October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2025, and October 31, 2026, 1,378 restricted stock units that vest in five equal annual installments on October 31, 2025, and October 31, 2026, and O October 31, 2023, October 31, 2024, October 31, 2025, October 31, 2026 and October 31, 2027 and 2,575 shares of Common Stock owned by the reporting person.

Remarks:

/s/ Steven S. Sintros, Attorney-in-Fact

12/22/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.