FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CROATTI CYNTHIA						2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]									(Che	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner					
(Last)	PIN ROA	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/06/2007										X Officer below)	(give title		Other (s	1	
(Street) WILMIN (City)	IGTON I	State)	01887 Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)									Line	Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					Execution Date,			, 1 (Transaction Disp			Securities Acquired (posed Of (D) (Instr. : I 5)			Securiti Benefic Owned	es ially	Form (D) o	n: Direct r ect (I)	7. Nature of Indirect Beneficial Ownership		
									ď	Code	v	Amoui		(A) or (D) Price		Reporte Transac	Following Reported Transaction(s) (Instr. 3 and 4)		7. 4)	(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversio or Exercise Price of Derivative Security		3A. Deem Execution if any (Month/D		4. Transactioi Code (Instr 8)				6. Date Exercis: Expiration Date (Month/Day/Yea			le and 7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		curity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership		
					Code	v	(A)	(D)	Date Exer	e rcisable	Exp Date	iration	Title	0 N 0	lumber						
Common stock options (right to buy)	\$37.92	11/06/2007			A		1,600		11/0	06/2012	11/0	06/2017	Comm stock/\$ par va	0.10	1,600	\$0	1,600		D		

Explanation of Responses:

Cynthia Croatti, by power of attorney

12/04/2007

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.