FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROVAL             |           |  |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |  |
| hours per response:      | 0.5       |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  BARTLETT JOHN B        |  |            |                  |                 |                 | 2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [ UNF ]                                    |   |                    |            |  |                |                                 |   |                              | Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director     10% Owner  |  |   |   |                         |  |
|--|--|------------|------------------|-----------------|-----------------|--|---|--------------------|------------|--|----------------|---------------------------------|---|------------------------------|--|--|---|---|-------------------------|--|
| (Last)   | ,  | irst) (    | Middle)          |                 | 11/00           | 3. Date of Earliest Transaction (Month/Day/Year)  11/06/2007  X Officer (give title below)  CFO  CFO |   |                    |            |  |                |                                 |   |                              |  |  |   |   |                         |  |
| (Street) WILMIN (City)   | WILMINGTON MA 01887 (City) (State) (Zip)   |            |                  |                 |                 |  | 4. If Amendment, Date of Original Filed (Month/Day/Year)  tive Securities Acquired, Disposed of, or Benefic |                    |            |  |                |                                 |   |                              | Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person |  |   |   |                         |  |
| 1. Title of  | Security (In   |            | le I - N         | 2. Transa       |                 |  | Deeme   |                    | 3.         | Jisp   |                | Of, Or E                        |   |                              | y Owned  |  | 6. Ov                                     | vnership  | 7. Nature               |  |
| Date (Month/Day  |  |            |                  |                 | Execution Date, |  |   | Transaction Dispos |            |  | sed Of (D)     |                                 |   | Securiti<br>Benefic<br>Owned | es   | Form<br>(D) o  | orm: Direct                               | of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)                        |                         |  |
|  |  |            |                  |                 |                 |  |   | Code               | v          | Amou   | Amount (A) (C) |                                 | Price   |                              |  |  | r. 4)                                     |   |                         |  |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |            |                  |                 |                 |  |   |                    |            |  |                |                                 |   |                              |  |  |   |   |                         |  |
| Derivative Conversion Date Security or Exercise (Month/Day/Year) |  |            | Execution if any | Execution Date, |                 | 4.<br>Transaction<br>Code (Instr.  |   | 5.<br>n Number     |            | 6. Date Exercisable a<br>Expiration Date<br>(Month/Day/Year) |                |                                 | d 7. Title and Amo<br>of Securities<br>Underlying<br>Derivative Secur<br>(Instr. 3 and 4) |                              | 8. Price<br>of<br>Derivative<br>Security<br>(Instr. 5)   | 9. Number<br>derivative<br>Securities<br>Beneficiall<br>Owned<br>Following<br>Reported<br>Transactio<br>(Instr. 4) | ve<br>es<br>ially<br>ng<br>ed<br>etion(s) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr.<br>4) | Beneficial<br>Ownership |  |
|  |  |            | Code V (A)       |                 | (D)             | Date<br>Exercisable  | Expiration<br>Date  |                    | Title      | or<br>Nu<br>of   | ımber          |                                 |   |                              |  |  |   |   |                         |  |
| Common<br>stock<br>option<br>(right to<br>buy)                   | \$37.92  | 11/06/2007 |                  |                 | A               |  | 1,600   |                    | 11/06/2012 | 11/0   | 06/2017        | Commo<br>stock/\$0.<br>par valu | 10 1,   | ,600                         | \$0  | 1,600  |   | D   |                         |  |

**Explanation of Responses:** 

John Bartlett, by power of attorney

12/04/2007

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).